

BATTLE GROUND MILK RUN

35th Annual, Clark County's longest continuously held distance running event



9:00AM, SUNDAY, JULY 11th

10 MILE RACE and WALK,

5 MILE RACE and WALK

(Early 10 Mile Walkers only start at 8:00AM)

Battle Ground High School,

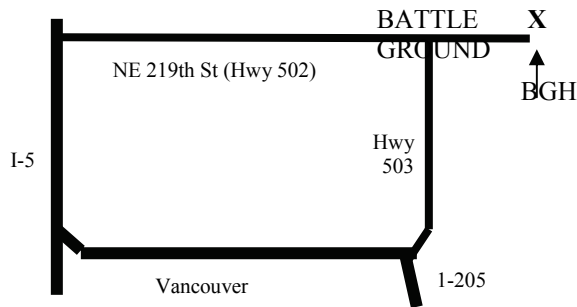
Battle Ground, Washington

THE COURSE

10 Mile uses city streets and pastoral country roads, with 2 good hills. 5 Mile is flat on streets and area roads. Showers avail. afterward at Battle Ground High School.

DIRECTIONS

From I-5 north of Vancouver, take 219th St (Hwy 502). Go east on NE 219th St (Hwy 502) into Battle Ground. Go past McDonald's & turn left into high school parking lot. From I-205 take Exit 30. Follow signs north through Orchards & Brush Prairie to Battle Ground. Turn right on Main Street. Go past McDonald's & turn left into high school parking lot.



AWARDS

The 10 Mile Run & 5 Mile Run has awards for Overall & Masters M/F, and 3 deep in 13 M/F age groups. 10 Mile Walk awards to top 10 M & F walkers. Ribbons to 5 Mile Walkers. Refreshments, and a prize drawing for all participants present at time of the awards presentation.

Course closes at 11:30AM, incl. aid stations, volunteers & flaggers. All must pace themselves within finish time limit.

ENTRY FEE By 7/3/09 **\$25** includes t-shirt
After 7/3 **\$30** includes t-shirt

MAIL IN REGISTRATION (for receipt by 7/8/09) to:
EVENTMGNT.COM

13075 SW Walker Rd, Beaverton, OR 97005

Make check payable to: Eventmgnt

Online registration: www.eventmgnt.com, click on EVENTS, scroll to event name for info & route map.



EVENTMGNT.COM

35th Annual BATTLE GROUND MILK RUN, Battle Ground, Washington

9:00 AM, Sunday, July 11, 2009—Battle Ground High School

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EVENT: 10 MI. RUN 10 MI. WALK (8:00AM START) 5 MILE RUN 5 MILE WALK

FEE: By 7/3 \$25 includes t-shirt After 7/3 \$30 includes t-shirt

T-SHIRT SIZES: S M L X (XXL add \$2)

NAME _____ **ADDRESS** _____

CITY _____ **ST** _____ **ZIP** _____ **DAY PHONE** (____) _____ - _____

M/F _____ **BIRTH DATE** ____/____/____ **AGE** ____ **E-mail** _____

PAY BY VISA, M/C, DISCOVER # _____ **EXP.** ____/____

RELEASE: In consideration of my entry, I, for myself, my heirs, executors, administrators and assigns, waive, release and discharge any and all rights, claims or damages against any of the Eventmgnt.com, and all participating sponsors and directors, volunteers, employees or agents of such for all claims, demands, actions, or causes incident to my event participation. I attest and verify that I have full knowledge of the risks involved in this race, that I assume those risks, that I will assume and pay my own medical and emergency expenses in the event of an accident, illness or other incapacity, that I am physically fit and sufficiently trained to participate in this race, that my entry fee is non-refundable, and that I have read and understand this waiver.

SIGNATURE _____ **(PARENT, IF UNDER AGE 18)** **DATE** _____

